

## Troop 83 Backpacking Checklist - weekend

Maximum weight -- 30% of your weight... **MAXIMUM!** Try to reduce the weight.

### GEAR

- backpack (internal or external frame)
- sleeping bag (Synthetic)
- pillow (small)
- hiking/lightweight tent - poles & stakes
- ground tarp (6 mil plastic)
- mess kit, cup & utensils
- canteen / water bottle / bladder -- 2 qts/day
- sleeping pad
- lightweight flashlight (2AA or 2AAA size)
- personal first aid kit
- map compass (not lensatic)
- pencil & paper or notebook
- Boy Scout Handbook**
- pocket knife (only if earned Totem chip)
- hiking/lightweight stool (optional)
- 3 plastic bags - trash, wet clothes
- backpack rain cover
- hiking pole / walking stick (optional)

### CLOTHING

- Scout Uniform (class A)**
- shirt (neckerchief is not required)
- switchback pants (optional)
- Scout cap (optional)
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- rain gear - poncho or parka & pants (Be Prepared)
- coat or jacket appropriate for the weather
- sweat shirt for layering
- hat
- gloves (cold weather)
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- 1 change of pants
- 1 change shirt
- underwear
- socks - change 2-3x / day
- sock liners (optional)
- hiking boots or trail shoes
- camp shoes (optional)

### PERSONAL

- small bar soap (A Scout is Clean)
- wash cloth
- hand towel
- toilet paper - in ziplock baggie
- toothbrush
- toothpaste (trial size tube)
- comb or hair brush
- lip protection
- sun screen
- insect repellent
- safety pins
- emergency money
- snack money for trips to and from
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- Sack Lunch - Saturday**
- trail mix

### PATROL CHECKLIST\*

- stove
- stove fuel
- tarp / dining fly
- bear bag & rope
- water
- water purifying system
- matches - waterproof
- camping saw
- shovel (for digging cat holes)
- cooking pots & pans
- Patrol flag
- dish soap
- dish cleaning pad
- paper towels
- aluminum foil
- spatula
- ladle
- grill

\* -- determined by each patrol